

Corporate *Workplace Health & Wellness Fairs*



We Keep It Simple

We Come To You



Shape Up US CORPORATE VISION provides business and communities at large with educational tools to create healthy, lifelong habits to improve their overall wellness. With a focus on cardiovascular health, physical exercise, nutrition, financial fitness, and mental and emotional well-being, we accomplish our mission of building healthy lifestyles through a three-pronged approach of Awareness, Education & Action.



GOAL: Bring Health and Wellness Events into the work place and provide employers and employees with up-to-date wellness information, education, and resources.

We partner with corporate and private organization to Impact lives and futures.



HOW: Our team coordinates and host the events with/for you. We work closely with your in house teams to execute successful events. This business collaboration will compliment and enhance your health and wellness corporate vision and we do it for FREE through grants, sponsorships, and vendor booths.

3 Corporate Packages Available

Designed to impact the Health of your company and the Wellness of employees

A

A workplace Health & Wellness Fair

B

Lunch and Learns

C

Create and Design Your Own Event

CONTACT Shape Up US CORPORATE Division today!

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