

CAROLYN MOOS short Biography 2014

www.carolynmoos.com

www.fitforlivinglife.com

General INFO: 6'5" USA Basketball Gold Medal Jr. Olympics, B.A. Stanford, FIBA/WNBA professional athlete, M.A. USC, ACE Personal trainer, yoga instructor and nutrition consultant (live or by skype, e-mail and phone). Current AD/Marketing Specialist at a Charter School in Phoenix 2014.

EDUCATION:

Stanford University, Stanford, CA. B.A. in Sociology/ Communications Minor. Nominated for scholarship award for distinguished female athlete pursuing postgraduate education from Stanford University.

ACE Certified Personal Trainer, Golf Conditioning Specialist, Pre and Post natal fitness and nutrition, biomechanical assessment, pilates-yoga CEC's

M.A. University of Southern California: Health Communication Management. Masters

Thesis Focus on prevention over prescriptions and lifestyle related diseases, type II diabetes and lifestyle management. April 2006.

Professional Athlete and Sports Experience:

NBA Legends youth clinics. Celebrity basketball games.

WNBA Representative/Counselor/ Guest participant, Seeds of Peace

International Camp. Full participation with NBA representatives in a camp including youths from the Middle East, Balkans, Cyprus, India and Pakistan, Afghanistan and the diverse communities in the United States. Located in Maine. July 25-27th 2004. WNBA Representative/ Guest. Superstars for Special Olympics Celebrity Golf Classic. Woodland Hills, CA. 2005-2006.

Professional Basketball Player, WNBA. Various locations (Phoenix, Miami). Spring and Summer 2001-2002.

Pro Basketball Player FIBA Basket Feminin Division I. Sceaux, France. Fall/ winter 2001-2002. Competed in All-Star Game in Limoges, France.

Player, USA Basketball Worldwide locations (traveled to Vienna, Frankfurt, Slovakia, Brazil, Chetamul, Mexico). 1995-1997.

Player, Division I Stanford University, Stanford, CA. 1997-2001. On camera, radio and journal interviews.

Honors/Awards:

Academic:

2001 Nominated for "Postgraduate Scholarship Award for Distinguished Female

Athlete”, 2000 Honorable Mention Pac-10 All-Academic, 1997 Sporting News
Top Student Athletes in the Country (1 of 10)

Athletic:

2002 WNBA Miami Sol-player, FIBA sponsored All-Star Game France, 2001 Drafted to the Phoenix Mercury WNBA, 2000 Honorable Mention, All-Pac-10, 1998-99 All Pac-10 Honorable Mention, 1997 Booth/Naismith, National Player of the Year Finalist, Parade Magazine First Team All America, USA Today Second Team All-America, Nike/WBCA All-America, USA Basketball Junior World Championship Team, Blue Star Index No. 1 Post Player, Gatorade Central Regional Player of the Year, Gatorade Minnesota Player of the Year, 1996 USA Basketball Junior National Team, Parade Magazine Fourth Team All-America, Associated Press Minnesota Player of the Year, USA Today Minnesota Player of the Year, Gatorade Minnesota Player of the Year

ACE Certified Personal trainer and wellness coach: CEC's pre and post natal nutrition, biomechanical assessment, golf conditioning specialist, pilates-yoga www.fitforlivinglife.com