



Corporate Workplace - Health and Wellness Fairs

GOAL: Bring Health and Wellness Expos into the work place and provide employers and employees with up-to-date wellness information, education and resources.

We partner with Corporate and Private Organizations to Impact Lives and Their Futures

HOW: Our team coordinates and host the events with/for you. We work closely with your in house teams to execute successful events. This business collaboration will compliment and enhance your health and wellness corporate vision and we do it for FREE through grants, sponsorships and vendor booths.

We Keep It Simple, We Come To YOU!

3 CORPORATE PACKAGES AVAILABLE

A

A Workplace Health and Wellness Fair

B

Lunch & Learn

C

Create and Design Your Own Event

Shape Up US CORPORATE VISION provides business and communities at large with Educational Tools to Create Healthy, Lifelong Habits to Improve Their Overall Wellness. With a focus on Cardiovascular Health, Physical Exercise, Nutrition, Financial Fitness and Mental and Emotional Well-being we accomplish our mission of "Building A Healthier Future" through a three-pronged approach:

AWARENESS! EDUCATION! ACTION!

Shape Up US a 501c3 non-profit corporation is dedicated to preventing Obesity and empowering children and families to lead healthier, happier lives. We provide teachers, children, parents and communities with educational tools to create healthy, lifelong habits to improve their overall wellness. Shape Up US is a partner with the President's Challenge--The goal of the partnership is to develop and implement Hip Hop Healthy Heart Program for Children™.



Shape Up US was awarded The 2014 Community Leadership Award.



Shape Up US, CORPORATE DIVISION

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