

***Just CLAP!* Official Rules & Regulations**

What does Just CLAP! mean to YOU?

You may register online, at: www.ShapeUpUS.org

How to Enter:

To enter, create a video (“Video Submission”) in which you showcase your ***Just CLAP!*** abilities by either Using the choreography dance provided at <http://www.shapeupus.org/just-clap.org>

- Creating your own ***Just CLAP!*** dance
- Creating what ***Just CLAP!*** means to YOU!
- Once you create your Video Submission you must visit www.ShapeUpUS.org click on ***Just CLAP!*** in the top bar and upload your Video Submission using the interface made available on the Contest Website
- All videos must be submitted by 10/7/12 for Shape Up Arizona contest
- Video Submissions may be submitted anytime during the Video Submission Period.
- Video’s submitted by 10/7/2012 will be considered as potential performers at Shape Up Arizona’s 10/28/2012 Health & Wellness Expo.
- Winners for each competition division will be announced by 10/14/2012
- Limit of one (1) Video Submission per Registered User. If more than one (1) Video Submission is submitted by a Registered User only the first Video Submission received (based on date and time submitted to the Contest Website) will be eligible.
- Entry is not complete until you have properly followed all the online prompts and instructions to upload your video and affirmatively

accepted the Official Rules. **MUSIC**

- Available for download at: www.ShapeUpUS.org
- Use or create your own fabulous ***Just CLAP!*** music **Maximum Minutes:** 90 seconds videos **Groups:** 6 to Unlimited
Competition Division Overall Ages are as followed
- Petite Division 7 & Under
- Junior Division 8- 12
- Teen Division 13-17
- Young Adults – 18-29
- Adult Division 30 -59
- Senior Division 60 and over

DISCLAIMER/OTHER REQUIREMENTS:

All entrants, as a condition of entry, agree to be bound by these official rules and the decisions of Shape Up US Inc. Except where prohibited by law, by entering the Contest, each entrant consents to the use of his/her name, voice, picture, likeness and biographical data and/or any other information contained in his/her entry in advertising, promotional and marketing materials by Shape Up US Inc. and the Shape Up US Inc. Affiliates without additional compensation, which may require, without limitation, winner to appear in person on a television, radio or Internet broadcast. In addition, by entering, all entrants, except where prohibited by law, consent to being photographed, filmed, taped and/or interviewed about the Contest. In connection therewith, all entrants grant full permission and consent to Shape Up US Inc. and the Shape Up US Inc. Affiliates to utilize any of the results of such photographing, filming, taping and/or interviewing in any and all media now known or hereafter

devised and hereby release Shape Up US Inc. and the Shape Up US Inc. Affiliates from all liability related thereto.

LIMITATION ON LIABILITY:

Winner, by acceptance of any Prize, agrees to release Shape Up US, Inc. and (the "Shape Up US, Inc. Affiliates") from any and all liability, claims or actions of any kind whatsoever for injuries, damages or losses to persons and property which may be sustained in connection with the receipt, ownership or use of any Prize or while traveling to and from a location to obtain or use any Prize. Neither Shape Up US, Inc. nor the Shape Up US, Inc. Affiliates make any warranty, representation, or guarantee, express or implied, in fact or in law, relative to the use of any Prize including, without limitation, quality, merchantability, or fitness for a particular purpose. Neither Shape Up US, Inc. nor the Shape Up US, Inc. Affiliates are responsible for technical, hardware, software, or telephone malfunctions of any kind, lost or unavailable network connections, or failed, incorrect, incomplete, inaccurate, garbled or delayed electronic communications caused by Shape Up US, Inc. or the Shape Up US, Inc. Affiliates, the user or by any of the equipment or programming associated with or utilized in this Contest or by any human error which may occur in the processing of the entries in this Contest and which may limit a participant's ability to participate in this Contest. Shape Up US, Inc. can modify these official rules in any way or at any time, as long as Shape Up US, Inc. gives reasonable notice.