

Shape Up

Shape Up US ya all
It is time to Shape Up the World
Child Obesity is Out
Let's get it!, Let's get it!
Shape Up If you want to come and get it Shape Up
If you are ready to get with it
Shape Up around the US
Shape Up your life from east to west
Shape Up
If you going to pay attention
Shape Up
Release stress and attention
Shape Up around the US
Shape Up your life from east to west
We are shaping up the boys we are shaping up the girls
We are shaping up the world
Now get ready for it
We ain't beat that child obesity fair we about in this so we can stand strong fair
Bring health to our system that's our mission
And educate you about obesity so that you and your kids can live and or stay strong
And fight along side in this battle

Shape Up is in the house and if you win it everybody – throw up your hands now
Shape Up is in the house and if you win it everybody – throw up your hands now
Shape Up is in the house and if you win it everybody – throw up your hands now
Shape Up is in the house and if you win throw your hands up and scream it out

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Shape Up is here for your kids so they can grow up and be healthy and big
ShapeUpUS.org
Connect with the sole Dan so you can learn more

And if you can't hear what I said the first time
Get educated so you can join why
Be a part of the movement and work together to break Child Obesity
Are you with them

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I love shape up yes I do - repeat
I love shape up how about you- repeat

I love shape up yes I do- repeat
I love shape up how about you-repeat

If you love shape up like we do - repeat
Then you shape up girl like you - repeat

If you love shape up like we do - repeat
Then you shape up girl like you - repeat

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Shape Up!
Everyone loves Shape Up!
It is so fun!

<http://shapeupus.org/files/movies/ShapeUpTheme.mp3>