

Shape Up US

Partners with:

Parkway School District

bringing you:

Shape Up Missouri & Parkway Family Fitness Day

The Best Wellness Expo in Missouri!
It's Free and Loads of Fun for the Entire Family!

This event is designed to create awareness about heart disease prevention. Shape Up Missouri is created to help families, teachers and schools assess and address their personal and community wellness needs while strengthening their community by connecting them with local and national businesses, media, sports teams, universities, non-profit organizations, and city services that focus on wellness!

Date: Sunday, May 2, 2010

Time: Noon - 4 pm

Location: Parkway North High School

12860 Fee Fee Road

St. Louis, Mo. 63146

THANKS! YOU ARE MAKING A DIFFERENCE!