



Promoting Healthy Lifestyles

October 20, 2020

Jyl Steinback
Executive Director
Shape Up US
16356 N. Thompson Peak Parkway
Scottsdale, AZ 85254-2214

Dear Ms. Steinback:

This letter of support is submitted on behalf of Texas Association for Health, Physical Education, Recreation, and Dance (TAHPERD) in partnership with Shape Up US. We consider our partnership with Shape Up US integral in addressing the issues of childhood obesity and its health effects on students.

The Mission of Shape Up US is to build a circle of wellness that integrates comprehensive health education into existing curriculum. The program targets educators as the flagship entry-point for introducing its programs to students and parents at schools. It flows from teacher, to student, to family, to community, and back to the classroom.

TAHPERD looks forward to partnering with Shape Up US, and thanks you for your kind consideration in offering your curriculum to TAHPERD members and educators across Texas.

Sincerely,

Rose Haggerty
Executive Director

